



Z E N E R G Y

At Thunder Spring

*“Aaron Mattes Active Isolated Stretching (AIS):  
The Mattes Method Training Workshop”*

**March 25-28, 2010 Sun Valley, Idaho**

Aaron Mattes, Kinesiologist/Author/Sports Massage Therapist, has rehabilitated thousands of subjects from celebrities to professional and Olympic athletes. Mattes is the current Director of Sports Medicine & Rehabilitation International.

**FEE:** (Includes 32 hours of training over four days, books and rope): \$ 590.00

Registrations received after March 1, 2010: \$625

Registration fee is refundable up to two weeks prior to the workshop date. A \$25 cancellation fee will apply.

**ACCOMODATIONS:** Hotel rooms can be reserved at a discounted rate of \$99.00 per night at the Sun Valley Lodge. For more information about hotel accommodations & reservations, contact the Sun Valley Lodge at 208.622.4111 or visit [www.sunvalley.com](http://www.sunvalley.com) and click on ‘accommodations.’ Be sure to note that you are attending the Aaron Mattes Workshop.

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Credit Card # \_\_\_\_\_ \_VISA \_MasterCard \_AMEX Exp.date: \_\_\_\_\_

Discipline: \_\_\_\_\_ License # (if applicable) \_\_\_\_\_

(athlete, personal trainer, massage therapist, chiropractor, physician, fitness instructor, physical therapist)

**MAKE CHECKS PAYABLE TO ZENERGY**

**MAIL TO:** Zenergy, Attn: Aaron Mattes Workshop, P.O. Box 1363, Ketchum, ID 83340 or fax completed registration form with credit card information to Kelly Dowding, (208) 725-2145.

**CALL:** Kelly Dowding at (208) 725-0595 ext. 113 to register over the phone. You may also email [wpurkiss@thunderspring.com](mailto:wpurkiss@thunderspring.com) for further information specific to the workshop.

**Don't miss this opportunity to learn from the BEST! Make sure you register early! This class will sell out fast! To learn about Aaron Mattes, visit [www.stretchingusa.com](http://www.stretchingusa.com).**

**You MUST be present for the entire workshop in order to receive your CEU's.**