

Z E N E R G Y

J U I C E B A R

SMOOTHIES 12 OZ \$5.00 16 OZ \$6.00 ADD PROTEIN \$1.50

PROTEIN POWDER OPTIONS

JAY ROBB WHEY PROTEIN 25 grams of protein per serving: Chocolate-Strawberry-Vanilla

ARBONNE VEGAN WEIGHT LOSS PROTEIN Weight loss never tasted so good! Chai Latte-Chocolate-Vanilla

TRAINER'S CHOICE Strawberries, bananas, yogurt, apple and pomegranate juice, and soy milk

THE WORKS Mixed berries, bananas, yogurt, apple and pomegranate juice

THE CARIBBEAN Pomegranate juice, bananas, mangoes

SAMWELL'S SPECIAL Soy milk, peanut butter, banana, honey, ice, and chocolate protein

PERSONAL CHOICE Choose from any of our ingredients to make your favorite smoothie

JUICES 12 OZ \$4.50 16 OZ \$7.00

STRAWBERRY SUNRISE Carrots, strawberries, ginger

ZENERGY SALAD Spinach, carrots, beets, celery, garlic, ginger

MARY'S DELIGHT Carrot, apple, ginger

PERSONAL CHOICE Choose from any of our ingredients to make your favorite juice

FRESH SQUEEZED JUICES 12OZ \$4.50 16OZ \$5.50

Orange or grapefruit

ESPRESSO DRINKS 8OZ 12OZ

ESPRESSO SHOT \$1.55

ESPRESSO DOUBLE \$1.95

AMERICANO \$1.55 \$1.95

LATTE \$2.20 \$2.95

CAPPUCCINO \$2.20 \$2.95

MOCHA \$2.95 \$3.45

STEAMER \$1.85 \$2.25

CHAI \$2.95 \$3.45

HOT COCOA \$2.25 \$2.85

TEA \$1.80 \$1.90

ADD SYRUP \$.35

ADD SOY \$.45

EXTRA SHOT \$.60

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BIGWOOD BREAD BAKED ITEMS

ASSORTED MUFFINS	\$3.00
BANANA BREAD	\$3.00
CROISSANTS	\$3.50
PECAN ROLL	\$3.50
COOKIES	\$3.00

SPECIALS INCLUDE:

Fresh soups, paninis, wraps, and sandwiches made with oven roasted ham or turkey on Bigwood Bread.
Daily specials vary, check the board for today's menu.

BAGELS

ASSORTED BAGELS	\$2.00
CREAM CHEESE	\$.75
HUMMUS	\$.75
PEANUT BUTTER	\$.50

BARs

BELLA BAR	\$3.75
CLIFF BAR	\$2.00
SUN VALLEY BAR	\$2.75
ZONE BAR	\$2.00
FRUIT LEATHER	\$.75

GRANOLA CUP

GRANOLA, VANILLA YOGURT, FRUIT	\$4.00
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KB'S BURRITOS

CHICKEN/RICE/CHEESE	\$5.50	ADD SOUR CREAM	\$.25
EGG/POTATO/CHEESE	\$5.00	ADD SALSA	\$.25
EGG/CHORIZO/CHEESE	\$5.00		
BEAN & CHEESE	\$5.00		
VEGAN	\$5.50		

DRINKS

VITAMIN WATER	\$2.75	SUN VALLEY WATER	Small	Large
GATORADE	\$2.00		\$1.50	\$2.00
SPRITZERS	\$1.50			
RED BULL	\$3.00			
DIET COKE	\$1.50			

BEER & WINE

IMPORTED	\$4.00	LA CREMA CHARDONNAY	Glass	Bottle
DOMESTIC	\$2.50	FERRARI CARRANO FUME BLANC	\$7.50	\$28
			\$6.00	\$22

Monday-Friday 8:00am-5:00pm | Saturday 9:00am-1:00pm | Closed on Sunday